

TGCA News

Texas Girls Coaches Association



Volume 54, No. 2 - October 2007

2007 HONOREES

Hall of Fame Honor Coaches:



Diane Conrady



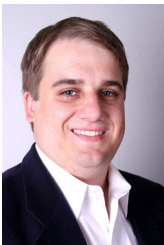
Sandra Mader

Distinguished Service



Butch Hart

Sportswriter of the Year



Tyler Clifton
The Paris News

2007 CLINIC SPEAKER NOTES AVAILABLE ONLINE

The 2007 Clinic Speakers who provided us with notes of their speeches can be found on our Web site under summer clinic on the left link bar, and then under 2007 Austin Clinic Speaker Notes. The list of speaker notes include the following.

Presenter	Lecture Notes
Lynn Pool - Bowie High School	"Full Court Conditioning Drills" "Drill Examples"
Dr. Scott Paschal & Cory Eaton	ACL Injury Prevention
Maureen Marek, Bellville High School	"Being A Good Assistant Coach"
Judy Scheffler, Poth Jr. High	"Drills for Success"
Pat Murphy, University of Alabama	"Infield Fundamentals and Drills" "Hitting Drills"
Jeff Gamble, Lake Travis High School	"Building a Program"
Dawn Allen-Southwest Ath. Trainers Assoc.	CORE - Lower Back
J.B. Haggerty, Tatum High School	"Tatum Track Program"

2007-08 TGCA Officers



President of TGCA
Debra Manley
Pittsburg HS
(903) 856-6461



1st Vice President
Lee Grisham
Wimberley HS
(512) 847-5729



2nd Vice President
Lynn Pool
Austin Bowie HS
(512) 414-7347



Past President
Alex Koulovatos
Burkburnett HS
(940) 569-1411



Executive Director
Sam Tipton
TGCA Office
(512) 708-1333

2007 Track/Cross Country All-Stars

•2007 Cross Country and Track & Field 1A, 2A, 3A All-Stars•

Name High School	Sport Event	Head Coach	College Signed
Brittany Black Bandera	Track & Field 100 Meter Dash	Steve Golemon	University of the Incarnate Word
Charlissa Foster Cameron Yoe	Track & Field Discus	Linda Richter	University of Houston
Tylene Green Llano	Track & Field 400 Meter Dash	Tex Sellers	University of Texas - Pan American
Michelle Guzman Giddings	Cross Country Track & Field/ 3200 Meter Run	Jim Pat Darcey	Unsigned
Stormy Harrison Cisco	Track & Field Shot Put	Lori Whatley	Texas Christian University
Ebonye Johnson Sulphur Springs North Hopkins	Track & Field Long Jump	Tim Menke	Stephen F. Austin State University
Aimee Jonas La Vernia	Track & Field Multi-Event Athlete	Richard Hirnospa	University of Texas - San Antonio
Addison LeMaster Tulia	Cross Country	Debbie Criswell	Texas Tech University
Lindsey Putman Ropesville Kopes	Track & Field 800 Meter Run	Jason Trook	Unsigned
Molly Rooney Salado	Track & Field 100 Meter High Hurdles	Cindy Mewhinney	Harvard University
Lauren Simpson Canyon	Track & Field 1600 Meter Run	Brittney Lanshart	Baylor University
Sabry Thomas Sulphur Springs North Hopkins	Cross Country	Tim Menke	Unsigned

Coaches
Head Coach Richard Hirnospa, La Vernia
Assistant Coach Jim Pat Darcey, Giddings

2007 TGCA All-Star Basketball Games - 15



•2007 Cross Country and Track & Field 4A, 5A All-Stars•

Name High School	Sport Event	Head Coach	College Signed
Katy Abner Timberview	Track & Field Pole Vault	Rubin Herber	Arlow Christian University
Misoy Barnes Mansfield Timberview	Track & Field 100 Meter Dash	Cinda Baur	University of Oklahoma
Megan Bibbs Converse Judson	Track & Field 100 Meter High Hurdles	Renee Gerbich	Lamar University
Maggie Biggs Amarillo Tascosa	Cross Country	Jana Parsells	Unsigned
Demetree Gilliam Lubbock Estacado	Track & Field 800 Meter Run	Caylene Caddell	Wayland Baptist University
Samantha Hamilton Killeen Ellison	Track & Field Multi-Event Athlete	Bren Jones	University of Alabama at Birmingham
Samantha Means McKinney North	Cross Country Track & Field 3200 Meter Run	Julie Martin	Southern Methodist University
Erica Parker Portland Gregory- Portland	Track & Field 1600 Meter Run	Kevin Pope	Arizona State University
Kelli Johnson Converse Judson	Triple Jump	Renee Gerbich	University of North Texas

Coaches
Head Coach Cinda Baur, Mansfield Timberview
Assistant Coach Renee Gerbich, Converse Judson

2007 TGCA All-Star Basketball Games - 17

TGCA CROSS COUNTRY NOMINATIONS INSTRUCTIONS AND GUIDELINES

Coaches may use official nomination forms on the website OR request forms to be mailed. October 15th was the deadline for Cross-Country coaches to become members of TGCA and be eligible to nominate athletes for Cross-Country honors. Monday noon prior to the cross country state meet is the deadline for all nominations: All-Star, All-State, Academic All-State, Athlete of the Year, and Coach of the Year. All nomination forms must be sent to TGCA by: submitting online at www.austintgca.com OR mailed to TGCA at 1603 Manor Road, Austin, TX. 78722. All nominations received after the stated deadline will be invalid. The deadline will be rigidly enforced by policy of the TGCA board.

All-Star nomination Guidelines:

Coaches may nominate more than one of his/her own senior athletes. Only one Cross-Country All-Star will be selected from each conference (1A, 2A, 3A, 4A, & 5A) with qualifying times from the State Cross-Country meet. An athlete selected as a Cross-Country All-Star automatically is a nominee for Cross-Country Athlete of the Year.

All-State nomination Guidelines:

Athletes may be nominated by member Cross-Country coaches only.

Coaches may nominate as many of their own athletes as they wish.

All-nominations must be made to TGCA by Monday noon prior to the State Cross-Country Meet. Times must be included. Times from meets only will be accepted (no practice times will be accepted). If asked, you must be able to verify times.

Academic All-State Guidelines:

Academic All-State athletes must be Graduating Seniors.

Must have a GPA average of 94 for grades 9-11. (Do not submit a nomination if your athlete does not meet the GPA requirement).

Must be a varsity participant in good standing and be of good moral character.

2007-2008 Track & Cross Country and Volleyball Committees



Track & Cross Country Committee

Name	School	Con.	Reg.	Phone	E-mail
Ray Baca	Hereford High School	4A	1	806-363-7633	raybaca@herefordisd.net
Paul Darden	Sundown High School	1A	1	806-229-5151	pdarden@sundownisd.com
Loy Triana	Burkburnett High School	3A	2	940-569-1411	loy.triana@burkburnettisd.org
Rose Mary Watlington	Abilene High School	5A	2	325-677-1731	rosemary.watlington@abileneisd.org
George Lutkenhaus	Northwest High School	5A	3	817-215-0200	glutkenhaus@nisdtx.org
Faye Marshall	Royse City High School	3A	3	972-636-9991	marshallf@rcisd.org
Daniel F Baird	Sherman High School	4A	4	903-891-6453	dbaird@shermanisd.net
Denver Stone	Eustace High School	3A	4	903-425-5233	dstone@eustaceisd.net
Charlene Decuir	Hamshire-Fannett Middle		5	409-296-4434	edecuir@hfisd.net
Erica A Gyllstrom	Cypress Falls High School	5A	5	281-856-1046	erica.gyllstrom@cfisd.net
Jason Buie	Crawford High School	2A	6	254-486-2199	jbuie@crawfordisd.net
Karen Koehler	Shoemaker High School	5A	6	254-501-0957	karen.koehler@killeenisd.org
Criseria Herrera	Three Rivers High School	2A	7	361-786-3531	cherrera@trisd.esc2.net
Greg McWilliams	Floresville High School	4A	7	830-393-5370	gmwilliams@fisd.us
Tracey Borchardt	Odessa High School	5A	8	432-337-6655	borchata@ector-county.k12.tx.us
Treasure Thaggard	Monahans High School	3A	8	432-943-2519	tthaggard@esc18.net



Volleyball Committee

Name	School	Con.	Reg.	E-mail
Harold Davis	Canyon High School	3A	1	Hdavis@canyonisd.net
Jason Culpepper	Randall High School	4A	1	jculpepper@canyonisd.net
Diana DeArmond	Holliday High School	2A	2	diana.dearmond@esc9.net
TiAda Radtke	Rider High School	4A	2	thradtke@wfisd.net
Ellie Woods	Whitney High School	3A	3	ellie.woods@whitney.k12.tx.us
Floyd Rogers	Cleburne High School	4A	3	floyd.rogers@cleburne.k12.tx.us
Carrie Barber	Liberty-Eylau High School	3A	4	Carrie.Barber@leisd.net
Kari Bensend	Centennial High School	4A	4	bensendk@friscoisd.org
Pam Bass	Diboll High School	3A	5	pbass@dibollisd.com
Ashley A Ahlfinger	Cy Woods High	5A	5	ashley.ahlfinger@ctisd.net
Susan Brewer	Bellville High School	3A	6	sbrewer@bellville.k12.tx.us
Liana Gombert	Smithson Valley High School	5A	6	liana.gombert@comalisd.org
Jo Ann Berry	Needville High School	3A	7	berryj@needvilleisd.com
Doris Elizondo	Carroll High School	5A	7	djelizondo@ccisd.us
Julie A Etheredge	Crane High School	2A	8	jetheredge@craneisd.com
Terri McColloch	Midland High School	5A	8	tmccollo@esc18.net
Jeff Coker	Crawford High School	AAA	West	jcoker@crawfordisd.net
Casey Richardson	Bryan High School	4A-5A	East	c-richardson@hotmail.com

Volleyball All-Star Selection Plan

Nomination Deadline – Monday noon prior to state tournament.

An All-Star nomination form will be available on the TGCA web-site (www.austintgca.com) or mailed if requested by a coach.

I. VOLLEYBALL COMMITTEE:

Shall be composed of the regional volleyball committee members from the East and West sections of the state. Committee members shall be elected from 1A/2A/3A schools in even-numbered years to serve a two-year term. In odd-numbered years, committee members from 4A/5A schools shall be elected to serve a two-year term. These committees will meet together at a time called by the chairperson of the volleyball committee. A chairperson shall be appointed for the East section and one for the West section of the state for each division. The East and West sections will then be divided into two divisions -- 1A/2A/3A and 4A/5A. It shall be the responsibility of each divisional committee to select 12 players to represent their section of the state and 8 alternates for each team. The positions for players to be selected are as follows: 3 middle blockers, 4 outside hitters, 2 setters and 3 at-large. Nominated players will be rated by the committee on a scale of 1-10 with 10 a superior. To insure equal regional representation in the selection process, the player receiving the highest ranking from each region will be placed on the appropriate East or West team. The remainder of the team will be selected by taking the players with the highest numerical rating regardless of the region. The West section is made up of Regions 1, 2, 3, 8 and part of Region 6. The East section shall be composed of Regions 4, 5, 7 and part of Region 6. The alternates will also be listed in order of preference from first to last and will be designated as defensive specialist/Libero, middle blocker, outside hitter or setter.

• Special Note -- Region 6 is split into both East and West sections. In order to be equitable, Region 6 will be served by additional representation to serve only on the All-Star Selection Committee.

II. VOLLEYBALL COMMITTEE MEMBERS: A committee member's responsibility is to screen the nominations for the All-Stars from their region and division. The selections will be made from player nominations submitted to TGCA on or before November 1. Screening will be based on the following criteria --

- The nominated players must be Seniors.
- The High School Head Varsity Girls' Volleyball Coach must be a member of the TGCA by October 15 of the current year before the school is eligible to have an All-Star.
- A coach may nominate only two of her/his players. (Coaches should be aware that the nominated athlete MUST ATTEND the first meeting of the All-Stars with the officials of the TGCA in the host city for the summer clinic, as well as all workout sessions and the All-Star game. Athletes who can not commit to this should not be considered for nomination).

III. ASSOCIATION COACHES: Their responsibility is to place the nomination for the All-Star teams in the hands of TGCA on or before Monday noon prior to the state tournament. Coaches may submit ONLY TWO (2) All-Star nominations.

IV. CHAIRPERSON OF THE VOLLEYBALL COMMITTEE: Will call meetings for all committees at the State Volleyball Tournament, collect the final selections of all committees and give them to the Executive Director for verification.

V. EXECUTIVE DIRECTOR: Shall accept the final selection for All-Stars and alternates for both divisions from the East and West committee chairpersons, and will verify these players after the state tournament. These selected players will be notified in writing by the Executive Director, and only after completing and returning all paperwork sent to them will a player officially be a member or alternate of the All-Star team. The Executive Director will keep a list of the players selected until after the upcoming All-Star games. This list may be made available to any member coach who may ask for a copy of same.

* ALTERNATES -- The use of alternates will be governed as follows:

Alternates will be contacted in the order they are selected if necessary. The first alternate will be asked to participate in the All-Star game; then the second alternate will be contacted, etc., until the list is complete for the position they are selected (middle blocker, outside hitter or setter). Official notification of an alternate will be made by the Executive Director.

** GUIDELINES FOR VIDEO TAPES -- The Volleyball Committee requires that nomination forms be accompanied by a school volleyball schedule, statistics and a video of the nominee. The video should denote the nominee's number and color of uniform.

(1) Match Play -- (competition)

Identify nominee's jersey number and color, major offensive position, major defensive position and team played against.

AND / OR

(2) Skills -- Limit to 5-10 minutes and shoot from floor level (wide angle).

- Attacking skills -- left, middle, right
- Blocking skills -- jumping ability, arm movement, movement (lateral)
- Serve reception -- with movement (lateral, forward/back)
- Ball handling skills (setting) -- from various court positions
- Defensive skills -- 1. Pepper and 2. Sprawls, rolls, diving, etc.

(3) Try to focus on specific player during game

(4) Tape WILL NOT be returned.

VOLLEYBALL ALL-STATE SELECTION PLAN

Nominations Deadline -- Monday noon prior to the state tournament.

I. MEMBER COACHES may nominate a maximum of two (2) of their own players for volleyball all-state honors. These players need not be seniors. Coaches should feel these players are outstanding in comparison to competitors and are worthy of this honor. Nomination forms must be sent to TGCA by submitting online at www.austintgca.com or mailed to TGCA, 1603 Manor Road, Austin, TX 78722, on or before Monday noon prior to the state tournament.

II. EACH CONFERENCE (1A, 2A, 3A, 4A, 5A) will have an all-state team with 25 players per team. No more than two (2) players will be selected to represent any one school. One athlete must be selected from each of the eight (8) TGCA regions. The remaining seventeen (17) will be "at-large." The all-state ballot results will be presented to the All-State Committee at the State Volleyball Tournament meeting to be used as a tool in selecting the all-state teams in each conference. The final all-state selections will be sent to the Executive Director.

III. EXECUTIVE DIRECTOR shall accept the final selections from the All-State Committee. Selected all-state players are to receive a certificate for recognition of this honor.

The University Interscholastic League Legislative Council - October 2007

ACTIONS TAKEN CONCERNING GIRLS' ATHLETICS:

- 1) Allow for a fee increase in all sports that the Texas Association of Sports Officials provides services to UIL member schools. This will become effective August 1, 2008 if approved by the Commissioner of Education.
- 2) A clarification in the fee schedule and reimbursement paid by schools to officials to eliminate confusion resulting from negotiable items within the current fee structure. This will become effective August 1, 2008 if approved by the Commissioner of Education.
- 3) A requirement for a coach who is ejected from a contest, who fails to have said ejection overturned by the State Executive Committee, to receive additional education by completing the National Federation of State High School Associations Fundamentals of Coaching Course. The coach will still receive a public reprimand with a one year's probation in the applicable sport. They will also be required to attend an additional COPE session conducted by the UIL. If approved by the Commissioner of Education, this will become effective immediately.
- 4) A first positive anabolic steroid test, upon a report of confirmation of a positive "B" sample anabolic steroid test result, or upon a refusal to submit to testing of a randomly selected student athlete, will result in the student athlete being suspended for a minimum of thirty school days of competition in all UIL athletic activities. If approved by the Commissioner of Education, this will become effective immediately.
- 5) A requirement for a coach's education program for first year coaches and any coach that is not a full time employ of the school district. This would not apply to coaches who qualify for the exception under section 1202 (a) (3) of the C&CR. These coaches must complete the National Federation of State High Schools Associations Fundamentals of Coaching Course prior to their participation as a coach for any UIL member school. This will become effective August 1, 2008 if approved by the Commissioner of Education.
- 6) In conference 4A to allow four teams to advance from each district to the play-offs in the team sports of baseball, basketball, football, soccer, softball and volleyball. This amendment will be placed on a Referendum Ballot to all 4A superintendents with a favorable recommendation. If this is approved by the superintendents and the Commissioner of Education it will become effective on August 1, 2008.
- 7) The creation for a mechanism for the procedural appeal of a positive anabolic steroid test result. If approved by the Commissioner of Education, this will become effective immediately.
- 8) The expansion of Conference 4A soccer alignment from 32 to 64 districts. This will become effective August 1, 2008 if approved by the Commissioner of Education.

SURVEY ITEMS:

- 1) To change the wording in team tennis to eliminate any reference to ladder position.
- 2) Add one additional team to the play-offs in 4A and 5A team tennis.

ITEMS TO MONITOR:

- 1) Requiring pole vaulting helmets that meet the A.S.T.M. standards to be worn in all pole vault warm-up, practice, and competition.

ITEMS TO STUDY:

- 1) Sanction wheelchair competition at the district, regional or state level in track and field (further study with a possible survey).

Amendment to the Referendum Ballot

THE UIL STANDING COMMITTEE ON ATHLETICS MOVED THAT THE LEGISLATIVE COUNCIL PLACE THE FOLLOWING AMENDMENT ON THE REFERENDUM BALLOT WITH A FAVORABLE RECOMMENDATION TO BE EFFECTIVE AUGUST 1, 2008 IF PASSED BY THE 4A SUPERINTENDENTS AND APPROVED BY THE COMMISSIONER OF EDUCATION

1) In Conference 4A, to have four teams advancing from each district to the play-offs in team sports of baseball, basketball, football, soccer, softball and volleyball

THE REFERENDUM BALLOT WILL BE SENT TO THE 4A SUPERINTENDENTS IN THE NEAR FUTURE FOR THEIR VOTES. PLEASE CONTACT YOUR AD OR SUPERINTENDENT FOR YOUR INPUT. THIS PROPOSAL PASSED ON A SURVEY BALLOT BY 116 FOR AND 69 AGAINST DURING THE FALL OF 2007 IN UIL 4A MEMBER SCHOOLS.

WHY WOULD FOUR TEAMS TO THE PLAY-OFFS IN ALL UIL TEAM SPORTS IN AAAA BE GOOD FOR ALL CONCERNED?

1) How many times has the statement been made, "I thought we were in this business for the kids?" Sending four teams to the play-offs is for the "kids." It will increase the number of student-athletes having the opportunity to be rewarded for their hard work and dedication by advancing more, not less, to the UIL play-offs.

Current UIL (3) Teams to the Play-off System:

225 AAAA schools with 32 districts and 96 teams advancing – 43%

Proposed UIL (4) Teams to the Play-off System:

225 AAAA schools with 32 districts and 128 teams advancing – 57%

2) The elimination of the possibility of two undefeated district champions meeting in the first round of the football play-offs.

3) The elimination of district champions having byes in volleyball, basketball, soccer, softball and baseball and being idle for up to eleven days before their first play-off contest. Under the current three teams to the play-offs system, the district champion is being defeated approximately 50% of the time. District champions are opting, in some cases, to play warm-up games during this eleven day period. These warm-up games usually involve travel and are an expense to the schools. Warm-up games would not be necessary with four teams advancing to the play-offs. The fiscal cost would be less, in most instances, than is now being spent to play warm-up games by the district champions.

4) Four teams to the play-offs would make the UIL play-off system easier to understand in all team sports for the media and general public.

5) Four teams would result in more teams in the district having the opportunity to be in the play-off picture for a longer duration keeping the interest of the student-athletes, school and community up until the final district contest in most instances.

6) There is a possibility with the addition of the fourth team to the play-offs it could save one or more coaches their jobs. Schools and communities in the play-offs seem to be happier than the ones staying home.

7) Any team, from first seed to fourth seed, not deserving to be in the play-offs will be eliminated in due time. This happens in the current three teams in the play-offs system.



Sam Tipton
Executive Director
Texas Girls Coaches Association

Meet Your 2007-2008 TGCA 2nd Vice President

LYNN DAVIS POOL HIGH SCHOOL - AUSTIN BOWIE

High School Graduated From:

Canyon High School, Canyon TX.

Colleges Attended:

Wayland Baptist/West Texas State University

College Degree:

Physical Education/Health with a minor in Math

Teaching Assignments:

Girls Athletic Coordinator/Department chair of PE/Health/
Teach Foundations of Personal Fitness

Coaching Assignments:

Head Girls Basketball & Assistant Track

Spouse's Name:

Roy Pool

Children & Ages:

Winston 20, Dalton 15

What it Means to be an Officer of TGCA:

“As an officer, it is both an honor and a privilege to work for and be a voice for the TGCA organization and its members. I am able to be a part of the “process” which conveys concerns and issues of our member coaches to the executive committee for discussion. Through this process, proposals are presented not only for enrichment of TGCA, but as a voice of TGCA to other state organizations. TGCA has been well received by other organization throughout the state because of the work and efforts of our Executive Director Sam Tipton. As an officer, I have been both enlightened and excited about the works of TGCA.”

Executive Officers Contact Information:

Position	Name	Phone	E-mail
President	Debra Manley	903-856-6461	dmanley@pittsburgisd.net
1st Vice President	Lee Grisham	512-847-5729	Lgrisham@wimberley.txed.net
2nd Vice President	Lynn Davis Pool	512-414-7347	ldpool@austinisd.org
Past President	Alex Koulovatos	940-569-1411	Alex.Koulovatos@burkburnettisd.org



Important Dates - 2007-08 School Year

TGCA Deadlines:

Nov. 5th - Nominations deadline for Cross Country (12:00 noon deadline).

Nov. 12th - Nominations deadline for Volleyball (12:00 noon deadline).

Additional Rooms for UIL Volleyball State Tournament

Omni Southpark
4140 Governor's Row
Austin, TX
P: 512-531-1020

(Call the property and ask for the TGCA rates).

TGCA rate - \$95.00/ night single rooms or \$110.00/ night double

LaQuinta - Official Hotel of TGCA

Coaches, teams and fans can receive preferred rates through the La Quinta toll-free central reservations number 1-

800-531-5900. This rate will also apply to reservations made directly with LaQuinta hotels, as well as, via the internet at www.lq.com using the corporate/promotional code of TGCA. These rates are good for both business and leisure travel, seven days a week, for standard and king bedded room types coast to coast.



November 2007

1-3	Volleyball	Area 1A, 2A, 3A & 5A; Regional quarterfinals 4A
3	Cross Country	Regional meets
5	TGCA	Deadline for all Cross Country nominations (Monday noon)
5	Basketball	First day for interschool games, all conferences
5-6	Volleyball	Regional quarterfinals 1A, 2A, 3A, & 5A; Regional semi-finals 4A
9-10	Volleyball	Regional, all conferences
10	Cross Country	State Meet
12	TGCA	Deadline for all Volleyball nomination forms (Monday Noon) (tapes must be received by Wed. before state tournament)
15-17	Volleyball	State Tournament

UIL Cross Country State Meet Schedule - can be found at this Web site.
http://www.uil.utexas.edu/athletics/cross_country/state/index.html

TGCA News

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Administrative Assistant: Susan Doherty, Susan@austintgca.com
Membership Administrator: Lisa Kulawik, Lisa@austintgca.com
Editor: Chris Schmidt

TGCA on the Web

Polls, as well as other current information, can be found on the TGCA Web site at: www.austintgca.com.

Did you move?

Please notify the TGCA office if your school, home address, telephone number or coaching assignment changes.

UIL eligibility / Sport rule questions

If you have any questions on eligibility or sport rule interpretations, contact the UIL at (512) 471-5883.

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